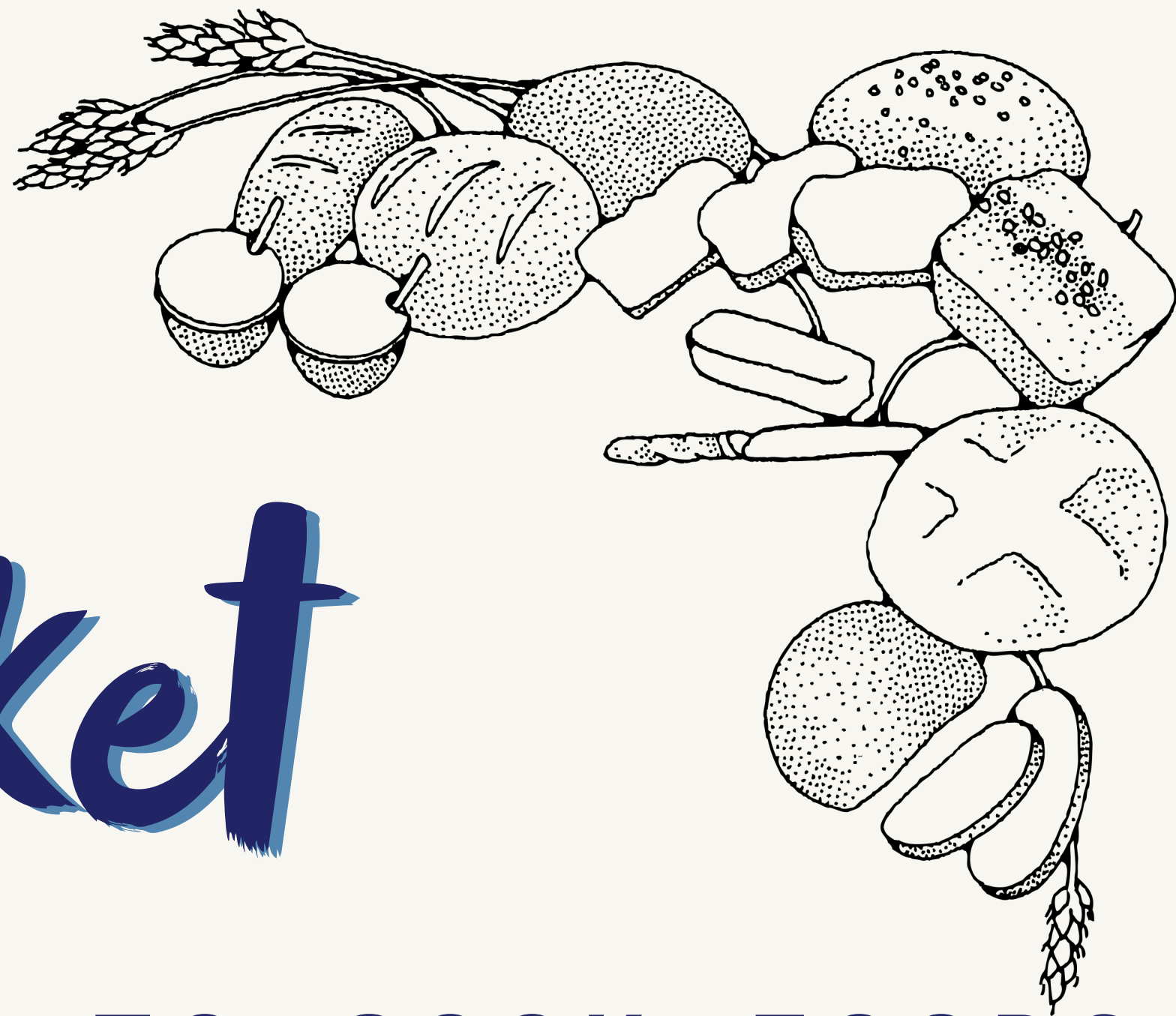


# The Market



HOMEMADE READY TO COOK FOODS  
FROM MY KITCHEN  
TO YOURS  
• ESSEX ONTARIO •

A vibrant photograph of a wicker basket overflowing with fresh vegetables. The basket is filled with eggplants, red and yellow bell peppers, mushrooms, and leafy greens. The background is a warm, out-of-focus orange and yellow, suggesting a rustic or autumnal setting.

The Market



# The Market

## Our Mission

We have added to The Soup Kitchen. We would like to introduce The Market. The Market is an online shop where you can purchase prepared and ready to serve item.

Our focus here is creating and serving food that we prepare from scratch, in our home-based kitchen using fresh ingredients sourced from as many local Canadian farms and suppliers as we possibly can, this has always been our passion. Our goal is to provide wholesome food, using quality ingredients, at an affordable price. Our items are Frozen, Ready to cook, and prepared for your convince, we are trying to make life just a bit simpler, helping to put a healthy nourishing meal on the table.



[www.bryanbeneteau.com](http://www.bryanbeneteau.com)



The  
Market

SOUTHERN

BBQ

PULLED PORK

NEW  
ITEM

[WWW.BRYANBENETEAU.COM](http://WWW.BRYANBENETEAU.COM)



# The Market

## READY TO COOK MEAL ITEMS

### GrillHouse Burger Patties

Each Order is 6 X 6oz. Patties

**\$ 21**



### Bacon Burger Patties

Each Order is 6 X 6oz. Patties

**\$ 23**



### Southern BBQ Pulled Pork

Each Order is 454g

4 X 4oz servings

**\$ 9**



### Pork Souvlaki Skewers

Each Order is 4 X 6oz Skewers

**\$ 14**



### Chicken Souvlaki Skewers

Each Order is 4 X 6oz Skewers

**\$ 16**



### Indian Tandoori Chicken Skewers

Each Order is 4 X 6oz Skewers

**\$ 16**

Prices & Items are subject  
to change without notice





# The Market

## SAUCES READY TO GO

### Home Made Marinara

Canned and Shelf Stable  
Sold in Glass 1 Liter Containers

**\$ 6.75**



### Bolognese Sauce (Classic Meat Sauce)

Frozen in 1 liter containers

**\$ 10**



### Classic BBQ Sauce

Sold in Glass 500ml Containers

**\$ 6.50**



### Smoke House BBQ Sauce

Sold in Glass 500ml Containers

**\$ 6.50**





# The Soup Kitchen & The Market

333 CENTER STREET  
ESSEX, ONTARIO

N 8 M 1 R 3

1.877.236.8449

THESOUPKITCHEN@COGECO.CA

WWW.BRYANBENETEAU.COM

## The Market

FROM MY KITCHEN  
TO YOURS

NEW MENU ITEMS  
ADDED WEEKLY